

Cablegram

July 2: One Skein KnitAlong and Fashion Show

It is KNIT-A-LONG time!

Join our July meeting for some great social knitting and display time with your fellow knitters. Yes – you will be able to model your One Skein project for all to ooh and aah over. It sounds easy but you can do so much with just one skein. Come and see how creative your fellow knitters are and perhaps get some awesome ideas for your next project.

Even if you have not started yet – it is just one skein and if you start now you could be done by Wednesday!!

Come join in the fun – we will have great knitting and snacks. It just doesn't get better than that!

— Paulette Hauck, Program Co-Chair

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Looking Ahead:

August 6,
Ice Cream Social
Last day for Bears!

SEATTLE
KNITTERS GUILD
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From the President:

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I have been a member of THE KNITTING GUILD ASSOCIATION (TKGA) for a while and our board decided we would explore membership in the national guild. We have since become guild members and learning what this means for our membership. We have access to [TKGA newsletter](#). We are officially welcomed!

These are some suggestions for meeting content. Some of these ideas we are doing or in the works. What are your thoughts?

Schedule field trips – to a yarn store that is a little farther away than most members usually visit. Or to an art museum to see their fabric displays. It's always nice to get away, perhaps have a meal out together, and look at things from a different perspective.

Hold a contest – perhaps a scarf contest or a cap contest. Announce the winners in your local newspaper – complete with photos! Maybe couple the contest with a charity project: in addition to competition-winning scarves, knit scarves that can be donated to a shelter for adults and children.

Bring in a teacher for a workshop. It can be about knitting or something else, like home décor!

Teach knitting to the next generation – Invite a local Girl Scout troop or other young people's group to attend – and teach them knitting. Round up some inexpensive supplies they can take with them, and tell them where to buy more.

Knit up some charity projects.

Hold a meeting on identifying yarns. Nearly everyone has something in their stash they cannot quite identify any more. Reference the Fall 2002 issue of *Cast On* for the article by Pat Shorten on "Taking the Mystery Out of Fibers."

Have a ball-winding meeting. Borrow as many ball winders as possible and have a meeting of ball-winding; combine it with reports from your members who have attended conferences.

Have an auction to bid on brown bags of yarn – and send the monies you raise to charity. Everyone brings a brown paper bag filled with a ball or several balls of yarn they want to auction. Not knowing what you're bidding on is half the fun! (Or do a simple yarn exchange – put all of the yarns on a table and draw numbers to see who gets to pick first, second, etc.)

Explore a vest pattern or other outfit that your whole guild can make and wear, so everyone matches when you go on outings or to the TKGA Convention.

— Charla Jaffee, President

Seattle Knitters Guild (Est. 1985)

Meetings every first Wednesday of the month 7pm

Wedgwood Presbyterian Church

8008 – 35th Ave. NE, Seattle

(NE corner of 35th and 80th)

Visitors always welcome.

Parking available in the lot behind the church or across from the south side of the church on 80th.

Dues: \$25 per year, \$15 after July 1

Library cart open 6:30 to 7pm

Only members may check out books.

View book list on www.librarything.com

username: *LibrarySKG* password: *knittingBooks*

Cablegram is published monthly. Send stories and photos to editor@seattleknittersguild.org.

www.seattleknittersguild.org

Membership Notes

Welcome to new members:

Carrie Williams

Jana Walker (Ravelry name Islandgirljana)

Karen Braitmayer

It is now possible to renew your membership online at <https://squareup.com/market/seattle-knitters-guild> If you renew using this link, please remember to enter your Ravelry name in the 'optional info' box.

— Lisa Burlingame, Membership

Knit It Forward

We have outfits for 40 plus bears – only 20 more to go! The bears are here – we will be bringing all the bears to our August meeting do dress them for pictures and to admire our amazing work. For those still knitting – we need more boy bear clothes – I for example I have knitted a couple of hoodies in dark brown, red, and dark green to look more masculine and give a bit “in the hood” look.

Remember our bears must be completed by our August 6 Ice Cream Social meeting. Bears will be at our next meeting for checkout and sizing try ons. There are also three patterns written specifically for this bear, if you'd rather not worry about sizing (check our [Ravelry thread](#) or [facebook](#) page).

Paula sewed up some bear pants and created a little tutorial for us. For ease of use, it is tacked onto this newsletter but you can also find it on our [website](#).

— Paulette Hauck, Program Co-Chair



Seattle Knitters Guild at Mariner Stitch 'n' Pitch

What a turnout, 28 Guild Members (or 43 fans not sure which to use) are signed up to attend the 10th Annual Mariner Stitch 'n' Pitch game on Thursday, July 24th. I have the tickets and will pass out at the July meeting. We had enough people sign up to get our name put up on the big screen so watch out for Seattle Knitters Guild after the 4th knitting and give a cheer! A quick reminder, if you have not already paid the tickets are \$15.00 each. You can bring cash or write a check to Seattle Knitters Guild. Thank you and GO MARINERS!!!!

— Nanette Wielenga, Treasurer



Board Retreat

During the last days of May the Knitters Guild board held a retreat on Orcas Island. Our main goal was to review and update guild bylaws and, of course, to knit. After solid threehour discussion the bylaws have been updated and lots of knitting (and some ripping) accomplished. If you would like to read the bylaws, please ask the board.

Yarn on Orcas Island

What better way to remember a trip than a skein or two of souvenir yarn? The SKG board retreat on Orcas Island was no different. Warm Valley Orchard www.warmvalleyorchard.com is right along the highway from the ferry. The owner, Maria Nutt, grows, dyes and spins much of the fiber. Maria and her husband, Bob, use sustainable farming practices, and also sell fruit from their trees and meat from their animals.



We arrived in time to watch Maria dyeing fleece that would be spun into yarn later. Maria was very welcoming and was happy to explain the dyeing process and answer any and all questions about her work. Her lovely studio is filled with beautiful hanks of her handspun yarn, along with finished fiber products and tops for spinning. Most of the board members succumbed. Here is my purchase—a two-ply silk/merino blend—so soft.

The website has lots of great pictures and videos of the carding and spinning process. If you're visiting Orcas this summer, don't miss Warm Valley Orchard.

— Paula Ward, Vice President



Recap: Karen Alfke: Sweater Design, Knit and Fit

Karen's personal passion is to get every knitter into a sweater that is right in shape and style, the perfect sweater, the one that will make friends ask whether you have gotten a new haircut. A sweater pattern might be cute for all the wrong reasons: perhaps the model is adorable or it is just the right green or maybe it is the scenery that makes the pattern look good.

To knit the perfect sweater you need to pick right pattern and right yarn. In terms of yarn you have to swatch AND get gauge on one of your swatches. But how do you fall in love with the sweater pattern that does you justice? If you can put on a sweater that makes you instantly gain 25 pounds then the opposite should be true. It is all about visual trickery: you need to pick elements that are appropriate for your body type.

The best step towards a great sweater is to get fitted for a good bra – a good foundation will ensure that things will fit better and you will have more of a waist. Next, take some measurements: full bust, hips, and waist. Your bust measurement is not your bra size, it is the full bust measurement (and you should check it every couple years, it does change). Sizes like S, M, and L are quite random, they are applied by designer and sizing is fairly arbitrary. You are not a number or letter, you need your measurements to see how they relate to each other, to see the proportions.

Take a look at your closet and take out the 20% of tops that you wear 80% of the time. Divide it into three piles: form fitting (these items would be fairly close in size); skimming the body, not tight, not schlanky; and oversized but cute. Now compare the tops from your piles to the sweater fit on the model. This should give you an idea about the ease you want on your sweater.

Why do certain sweaters look good on certain bodies? They take advantage of body's best assets while minimizing others to create the illusion of balanced shape. There are lots of elements to play with: shoulder styles (drop shoulder, set-in sleeve, raglan, tank top), sleeve lengths (straps, cap sleeve, short sleeve, $\frac{3}{4}$ sleeve, bracelet, full length), neckline options (boat/slash, high crew neck, scoop neck, high or low v, square neck, princess, split/Henley), and body shaping (straight waist, empire waist, corset waist, A-line). In addition you can divert attention by placing interesting elements on other parts of the sweater (use stripes, patterns, lace, etc). And choosing these features and elements for different body types was the main topic of Karen's talk.

Karen hopes that next time you will see a cute sweater you will not immediately feel that you have to go home and need to lose 10-20-30 pounds. Train your eye to see why something looks good. Knit things that make you look beautiful!

To read more about Karen's work, visit unpatterns.com

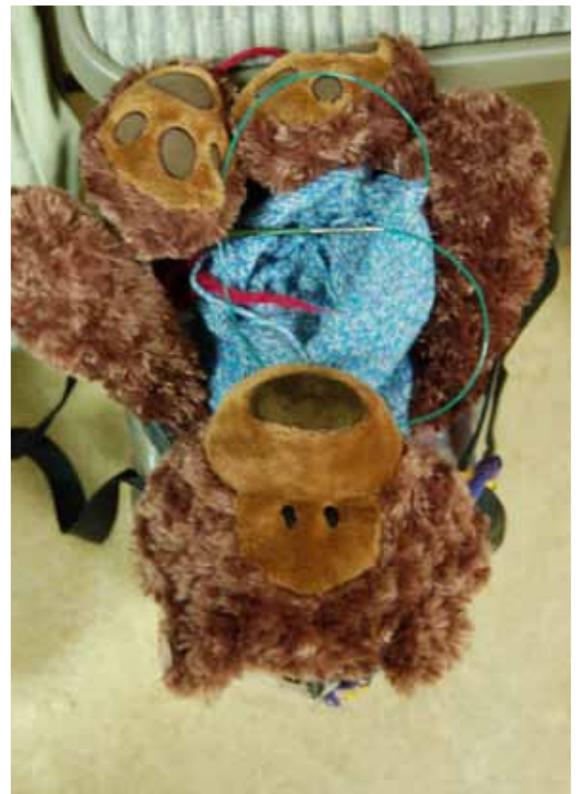
— Anu Slorah, Newsletter Editor





Knitters' Calendar

September 27- 29, [Flock and Fiber Festival](#), Canby Oregon
 October 3- 5, [Nordic Knitting Conference](#), Seattle, Washington
 October 4- 5, [Knit City Fiber Festival](#), Vancouver, British Columbia
 October 18-19, [Fiber Fusion Northwest](#), Monroe, Washington
 November 8- 9, [Knit Fit](#), Seattle, Washington



Seattle Knitters Guild Calendar

August 6	Ice Cream Social
September 3	September New Charity!
October 1	Annual Market Place: Shop and Socialize
November 5	Rebecca Danger: Toy Design
December 3	Holiday Party

Speakers are subject to change

PANTS FOR TEDDY BEAR

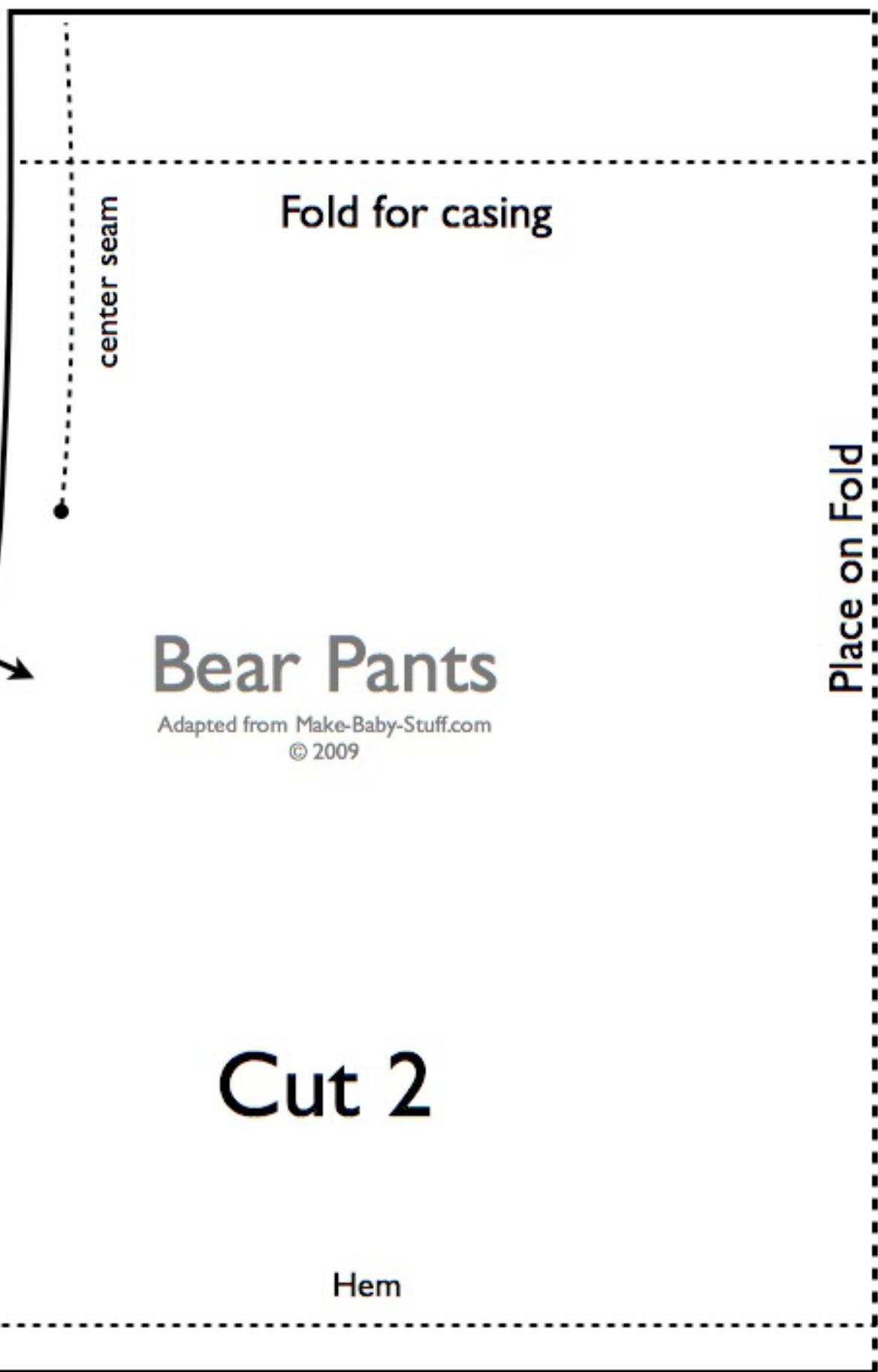
Pattern & Instructions



*Adapted from baby pants pattern from www.make-baby-stuff.com
for Camp Erin, 2014*

by Paula Ward

Opening for tail in back



center seam

Fold for casing

Bear Pants

Adapted from Make-Baby-Stuff.com
© 2009

Place on Fold

Cut 2

Hem

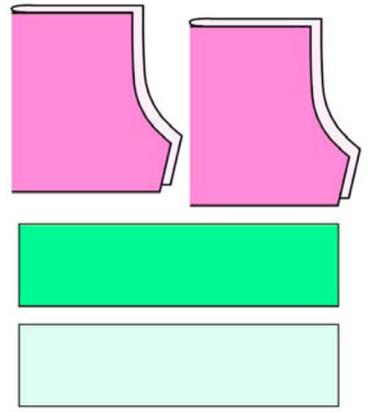
Inner leg seam

Bear Pants Sewing Instructions

Seams shown on pattern are meant to be $\frac{1}{4}$ - $\frac{1}{2}$ ". Don't worry about being too exact.

Cutting

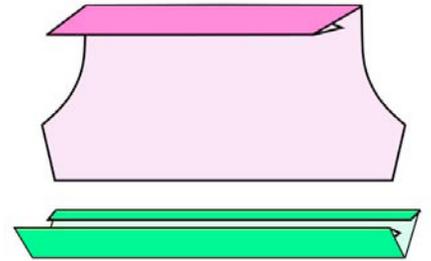
- Place pattern with dotted line on fold. Cut two of these pieces.
- Cut two strips 5" x 17" for cuffs.
- Cut a 14 - 16" piece of elastic ($\frac{1}{4}$ - $\frac{1}{2}$ " wide).



Sewing

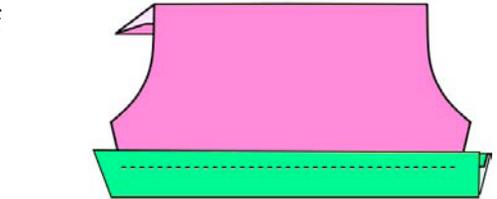
Cuffs

1. Fold cuff pieces in half lengthwise and press.
2. Fold long cuff edges over $\frac{1}{4}$ - $\frac{1}{2}$ " on long edges and press.

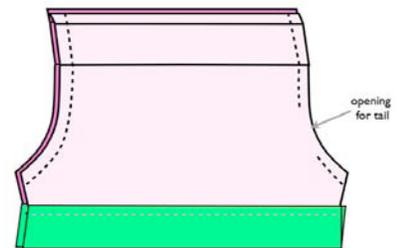


Pants

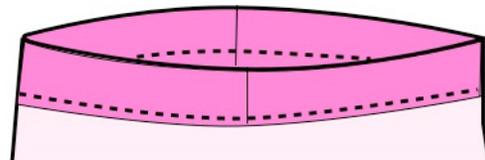
3. Optional: Fold over top edge of pants pieces $\frac{1}{4}$ " and press.
4. Fold over top edges on casing fold line and press.
5. Insert pants hem into folded cuffs, and topstitch on right side of pants through all layers.



6. Unfold casing. Place pants pieces right sides together and sew center seams. Leave an opening in the back seam for the tail.

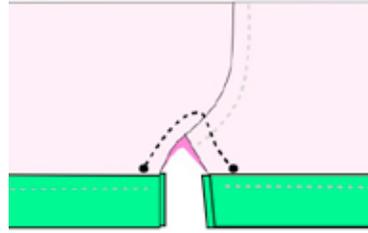


7. Refold casing and topstitch around edge about an inch from the casing fold line.

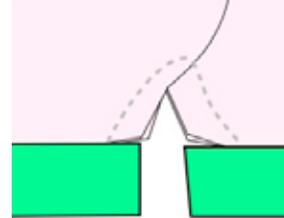


Bear Pants Sewing Instructions

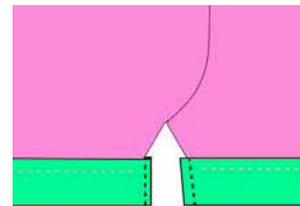
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8. With right sides together, match center seams and sew inner leg seam, starting just above one cuff and ending just above the other cuff.



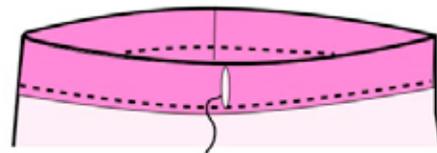
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9. Clip inner leg seam allowance just above both cuffs.



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10. Turn pants right side out. Stitch inner leg seam of cuffs (you can use a straight, zigzag, or overlock stitch). Trim seam.



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11. Using a seam ripper or sharp scissors, cut opening in center back seam on inside to create opening for elastic. Run elastic through casing and stitch ends of elastic together.



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12. Turn cuffs up.

